

Best of Us Teambuilding Game

Instructions

4+ players
5-60 minutes

Objective

- Team building is a dynamic journey aimed at fostering unity within our OMS group. This interactive game encourages a culture of trust, mutual support, and respect for diverse approaches and opinions. Enjoy an engaging experience as we strengthen relationships and learn to support and respect one another's perspectives.

Requirements

- 4+ members of your oral surgery office team (the more, the merrier!)
- 15-60 minutes

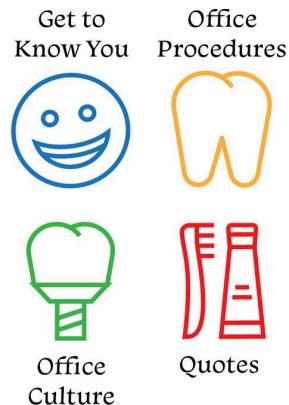
Components

- 2 large 12-sided squeezy dice (sent in Professional Development Box 23.2)
- Numbered questions list. Questions are coded by category:
 - Get to Know You questions = blue smile
 - Office culture questions = green implant
 - Office procedure questions = orange tooth
 - Quotes = red toothbrush/toothpaste
- Countdown timer (a smartphone timer would be perfect)

This game corresponds to the concepts in the book *The Energy Bus* by Jon Gordon, and it was developed by the Society of OMS Administrators Education Committee.

The committee wanted to create a simple game that could be played quickly or during longer team-building opportunities and that encouraged oral surgery office teams to get to know each other better by encouraging each team member to share something about themselves, test office procedure knowledge, or reflect on a powerful quote.

There are four categories of questions: most questions are general "get to know you" questions, while others quiz office procedural knowledge or encourage discussion around office culture. A few questions are actually quotes to discuss and ponder.



How to Play

Players take turns rolling the dice, and Readers read out the question referred to by the number on the dice.

Play

1. Choose who goes first. Ideas—mix it up!
 1. Newest (or most tenured) employee
 2. Alphabetically (or zetabetically) by first or last name
 3. Whoever has the most (or least) colorful socks (or shirt)
 4. The last person who had a haircut
 5. Whoever is ready to go first! Taking volunteers!
 6. Use the categories above to nominate who will select the first player, e.g. the newest (or most tenured) employee *chooses who goes first*
2. OPTIONAL. Set a timer for how long you'd like to play the game.
3. Each round there is a Player and a Reader: the Reader is the person sitting to the Player's LEFT. The Player rolls the dice, the Reader asks the question corresponding to the Player's roll, and then the Player answers the question.
 - Example: The Player rolls the dice, and they show 4 and 12. The Reader reads question 48 for the Player to answer (because $4 \times 12 = 48$).
4. Other team members may answer the question as well, but don't forget to pass the dice and keep rolling so everyone gets a chance to play.
5. The Player passes the dice RIGHT, and in doing so, becomes the Reader for the new Player.
6. Play continues in this manner until everyone has answered a question, or until the timer buzzes.

End of the Game

Best of US ends when the timer goes off or each person present has had the chance to answer a question.

Winning the Game

You win by getting to know your teammates better! Winning the game is easy: be open and honest when you answer questions, have fun, and appreciate the uniqueness of your co-workers!