

1



What is your superpower?

2



Name a place you want to visit

3



You don't paddle against the current, you paddle with it. And if you get good at it, you throw away the oars.  
-Kris Kristofferson

4



Would you rather only be able to whisper or only able to shout?

5



What is your current favorite phone app?

6



What has excited you lately?

7



Would you rather live in a city or the country?

8



What's the #1 thing for you that makes a great team member or leader?

9



What brings out the best in you?

10



The funniest thing that has happened at your office was...

11



What would be much better if you could just change the color of it?

12



What is one thing you will be remembered for at your office?

13



What is your favorite item of clothing?

14



What is your favorite memory here at the practice?

15



If you could see yourself through the eyes of somebody else for a moment, which person would that be?

16



How many states have you lived in?

17



Would you rather speak to animals or know other people's thoughts?

18



Who is your oldest friend?

19



What is your preference... coffee or tea?

20



Desire, vision and focus are the elements that make up your steering wheel. Grab ahold of the steering wheel, put those elements into practice, and your bus will move exactly where you want it to go. -Jon Gordon

21



What helps you relax after a busy day in the office?

22



If you could spend one day with anyone (living or deceased) who would it be?

23



It's not the load that breaks you down. It's the way you carry it. -C.S. Lewis

24



What's something everyone else loves that you secretly (or not so secretly!) find overrated? Why?

25



Would you rather shave all of your hair or lose all of your teeth?

26



When are you the happiest?

27



What was the last thing you did that you were proud of?

28



What do you do to make a new employee feel welcomed?

29



Would you rather go into the past and meet your ancestors or go into the future to meet your great-great-grandchildren?

30



What has been inspiring you lately?

31



If you won the lottery, what would be the first thing you spend money on?

32



Name a quote from a movie or TV show.

33



Name one post-operative instruction we give to patients.

34



Do what you can do in joy, instead of trying to do it all in misery. -Jen Sincero in You are a Badass

35



What is your favorite show?

36



If you are alone in an operatory and a patient is having a seizure, how do you get another assistant and doctor without making other patients in the office nervous by yelling?

37



What is something you are grateful for?

38



What's a common phrase used in your family that nobody else uses?

39



Name a personal accomplishment that you're proud of

40



Your favorite food to eat when you're stressed is...

41



What is your favorite movie?

42



Name 5 of our referring doctors.

43



What is your favorite book?

44



Would you rather take a bath in ice or take a bath in Jello?

45



What should you do if the doctor passes out during a surgery?

46



What do you do if a patient has syncope in the waiting room?

47



Your dream vacation is...

48



When you are grateful, fear disappears and abundance appears. -Anthony Robbins

49



What is your favorite part of your job?

50



What product would you stockpile if you found out it wasn't going to be sold anymore?

51



How do you handle an allergic reaction?

52



If you're feeling down, what's the simplest thing somebody can do for you to cheer you up?

53



If you could teleport anywhere in the world right now, where would you go?

54



What is your favorite past-time or hobby?

55



What do you think your legacy at work will be?

56



What is your biggest pet peeve?

57



Name your best work accomplishment

58



Great opportunities to help others seldom come, but small ones surround us every day. -Sally Koch

59



Nothing is impossible, the word itself says "I'm possible". -Audrey Hepburn

60



What's one thing you'd do if you weren't afraid?

61



Would you rather have super hearing or have super smell?

62



Without names, tell a crazy patient experience.

63



How can we bring more joy to the office?

64



A patient becomes nauseated during surgery. What is our office protocol?

65



If you could pick any celebrities to be your parents, who would you pick?

66



What is your favorite restaurant?

67



What is the most exotic food you have tried?

68



What secret talent do you have?

69



On the other side of your fear is your freedom. -Jen Sincero in You are a Badass

70



What are your most commonly used emojis?

71



What do you do if you lose power during a general anesthesia case?

72



Describe yourself in five words or less.

73



How long have you been at the practice?

74



If you were a professional athlete, what would your entrance song be?

75



The weirdest thing that happened in surgery was...

76



What do you do if an assistant has syncope during a general anesthesia case?

77



What do you do if a tooth falls down the patient's throat during a general anesthesia case?

78



What is on your cellphone wallpaper?

79



If you could appear on any game show, which one would you choose?

80



Everyone is trying to accomplish something big, not realizing life is made up of little things. -Frank A. Clark

81



Would you rather have teeth that are super crooked or have teeth that are as yellow as a banana?

82



What is your preference... beer or wine?

83



What hygiene product is a must have for implant patients?

84



What is one thing you could change about your practice if there were no obstacles in the way?

85



What's one thing you can't live without?

86



What is the first thing to do during syncope?

87



If you could buy one extravagant item what would it be?

88



You are stranded on a deserted island. What is the one thing you would most want with you?

89



What cartoon character would your surgeon be?

90



What's the silliest way you've injured yourself?

91



Who was your first celebrity crush?

92



Who has positively influenced you the most (living or deceased)? How?

93



Would you rather have really long legs or really long arms?

94



What is the best advice you've received?

95



What is the best team bonding experience you have had?

96



Who is your favorite mentor?

97



What do you do for a patient who is hyperventilating?

98



What is the best compliment you have received from a staff member?

99



Would you rather be at the beach or in the mountains?

100



Positive Energy is like a muscle. The more you use it, the stronger it gets. The stronger it gets, the more powerful you become. The more you focus on positive energy, the more it becomes your natural state. -Jon Gordon

101



What do you do if you wheel a patient out, then they start coughing up blood?

102



What's a movie that you think more people should know about?

103



If you could give your child-self one piece of advice, what would you say?

104



What have you done to thank a staff member this week?

105



What is your favorite band?

106



What is the last book you read?

107



No one can make you feel inferior without your consent. -Eleanor Roosevelt

108



If someone gave you \$100, what would you spend it on?

109



If you could jump into a pool full of something, what would it be?

110



What song do you know by heart?

111



Would you rather see colors that no one else sees or smell scents that no one else smells?

112



What one activity makes you feel alive?

113



Have you ever made a prank phone call?

114



Are you a morning person?

115



The best legacy you could leave is not some building that is named after you, or a piece of jewelry, but rather a world that has been impacted and touched by your presence, your joy and your positive actions. -Jon Gordon

116



If you had to rename yourself, what would you choose?

117



What do you do if the patient is on nitrous and they start having a panic attack?

118



If you could time travel, what is the first year you would visit?

119



Who is the most influential person in your life?

120



Name a practice or team win this year.

121



What do you do if a patient starts having a seizure?

122



What is your best vacation memory?

123



Would you rather go back in time one year to talk to your past self or go into the future one year to talk to your future self?

124



What is your favorite food?

125



What is your number one bucket list item?

126



What is your favorite season?

127



I am awesome at...

128



What's your biggest irrational phobia and why?

129



What's your favorite sport or sports team?

130



Would you rather go to the movies or watch movies at home?

131



What is your favorite thing to do on the weekend?

132



Your favorite personality trait in others is...

133



Do what you can do in joy, instead of trying to do it all in misery. -Jen Sincero in You are a Badass

134



How long do you think you could last without your smartphone?

135



Don't be afraid. Be focused. Be determined. -Michelle Obama

136



What is your best childhood memory?

137



What's a book that you think more people should know about?

138



What do you hope your legacy at work is?

139



If you could set one office rule that we all had to follow, what would it be?

140



If our office had a theme song what would it be?

141



What is your favorite topic to discuss in the office?

142



Who is your hero?

143



What is something you'll always splurge on?

144



What's something you learned about yourself in the last year?